

NC Summit On Reducing Overdose Agenda

June 7 & 8, 2023 in Durham County



Wednesday, June 7

8:00 - 10:00 a.m.

Check-In and Registration Opens

Continental Breakfast Included

10:00 a.m. - 12:00 p.m.

Welcome

Keynote Address from Rev. Michelle Mathis

Executive Director of Olive Branch Ministry

Olive Branch Ministry is a faith-based harm reduction agency in North Carolina serving nine counties through overdose prevention and response, justice-centered education, syringe services programs, and low barrier/low threshold suboxone and Hepatitis C treatment. She is the Board Chair for the National Faith in Harm Reduction and was a 2022 recipient of the North Carolina Dogwood Award. With over 20 years of harm reduction-related experience, Michelle believes that honoring an individual's journey, with compassion and love, is key to successful connection.

12:00 - 1:15 p.m.

Lunch

At 1:15 p.m.: Block 1 Breakout Sessions Begin

1:15 - 2:15 p.m.

FAQs: Getting to Know the NC Opioid Settlements and Memorandum of Agreement

This session will provide an overview of the NC Opioid Settlements and the *Memorandum of Agreement between the State of North Carolina and Local Governments on Proceeds Relating to the Settlement of Opioid Litigation (NC MOA)*. Participants will also receive answers to frequently asked questions about the NC Opioid Settlements.

Steve Mange, NC Department of Justice

Nidhi Sachdeva, North Carolina Association of County Commissioners

1:15 - 2:15 p.m.

Dispelling Dangerous Myths about Drugs

Misinformation and myths about substances and substance use fuel stigmas and are foundations of criminalization. Accessible, evidence-based drug information and education lead to human-centered drug policy and programs, end criminalization, and lead to drug user liberation.

Dr. Jennifer Carroll, NC State University

Caitlyn Phillips, UNC Injury Prevention Research Center

1:15 - 2:15 p.m.

Importance and Innovation: Community Naloxone Distribution to Reduce Overdoses

This session will provide a deeper understanding of the benefits of low-barrier community naloxone distribution and make the case for naloxone vending machines as an important and useful tool in the jail setting. Participants will learn about machine purchase and placement, filling the machine, potential challenges, and the importance of public safety and public health partnerships to maintain a successful program.

Amanda Clark, Guilford County Public Health

Alyssa Kitlas, NC Department of Health and Human Services

Track Key

■ NC Opioid Settlements Administration

■ Prevention/Early Intervention

■ Harm Reduction

■ Treatment

■ Recovery

Wednesday, June 7 (Continued)

1:15 - 2:15 p.m.

Caring for Pregnant People Who Use Drugs and Addressing Neonatal Opioid Withdrawal Syndrome (NOWS)

This session will explore the best practices for caring for pregnant people who use drugs and how to address neonatal opioid withdrawal syndrome (NOWS).

Dr. Hendree Jones, UNC Horizons

Melinda Ramage, Mountain Area Health Education Center (MAHEC)

1:15 - 2:15 p.m.

Housing Is Prevention and Healthcare: Low Barrier Models and Supports

This session will define and discuss evidence-based, low-barrier models of housing and supports, and barriers to housing experienced by people who use drugs or may be justice-involved. Speakers will present NC program examples of low-barrier housing and means by which collaborative case management and low-threshold care can better support the physiological needs of people who use drugs.

Dave Crispell, Jubilee Home

Emilia Sutton, The Technical Assistance Collaborative

2:15 - 2:30 p.m.

Transition/Networking/Break

At 2:30 p.m.: Block 2 Breakout Sessions Begin

2:30 - 3:30 p.m.

NC MOA Reporting Requirements: Annual Impact Reports

This session will outline the NC reporting requirements associated with annual Impact Reports. Participants will learn how to enter and submit impact data into CORE-NC's portal. Audience members will also be provided an Impact Report Guide that will outline recommended measures based on abatement strategies local governments have selected from Exhibit A under the NC MOA.

Dr. Jill Rushing, North Carolina Association of County Commissioners

2:30 - 3:30 p.m.

Trauma-Informed Systems of Care

This session will present ways to create trauma-informed systems of care to better prevent and respond to adverse childhood experiences (ACEs).

Deena Fulton, D. Fulton Consulting

2:30 - 3:30 p.m.

Come for Syringes, Stay for Hope: NC Syringe Service Programs (Block A)

Syringe service programs are a way to reach people who otherwise might be forgotten in the community. In this session, participants will learn about potential barriers to establishing harm reduction services in some NC communities. Speakers will discuss ways to build partnerships with community-based organizations to provide vital and cost-saving services. The session will also highlight the role of peer support in decision-making and successful program delivery.

Dianne Carden Glenn, eKim for Change • Abigail Bradley, Beaufort County Health Department •

Wendy Growcock, Stanly County Health Department • Alyssa Kitlas, NC Department of Health and Human Services • Voni Simpson, NC Harm Reduction Coalition

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2:30 -3:30 p.m.

Supporting People with Lived Expertise/Experience in Our Workplaces (Block B)

This session will highlight the importance of supporting people with lived experience in the workplace and will examine policies and procedures that promote health and wellness. People with lived experience are subject matter experts with invaluable knowledge and insight. Hiring and supporting these individuals is highly recommended and requires intentionality around hiring practices, employee accommodations, and more.

Ashley Wurth, NC DHHS Division of Public Health Injury and Violence Prevention Branch

Tyler Yates, NC DHHS Division of Public Health Injury and Violence Prevention Branch

2:30 - 3:30 p.m.

Meeting People Where They Are: Innovating Pathways to MOUD Access in Hospital and Community Settings

By meeting people where they are, diagnosing and offering treatment to patients with opioid use disorder in the hospital and community settings with evidence-based treatments is critical to addressing our overdose epidemic. In this session, speakers will outline the evidence behind opioid use disorder treatment options and discuss barriers to and challenges with instituting programs to support MOUD use in hospitals and community settings.

Dr. Noel Ivey, Duke University Health System

Dr. Robyn Jordan, UNC Psychiatry

3:30 - 4:00 p.m.

Transition/Networking/Break

At 4:00 p.m.: Block 3 Breakout Sessions Begin

4:00 - 5:00 p.m.

NC MOA Reporting Requirements: Spending Authorizations and Annual Financial Reporting

This session will outline the NC reporting requirements for Spending Authorizations and Financial Reports. Participants will be provided with an outline of the information that is collected and will learn how to enter information into CORE-NC.

Dr. Mike Dolan Fliss, CORE-NC, UNC Injury Prevention Research Center

Katherine Gora Combs, CORE-NC, UNC Injury Prevention Research Center

4:00 - 5:00 p.m.

Digging into Root Causes: Social and Economic Determinants to the Opioid Overdose Crisis

The session will explore the social and economic determinants of health and how root causes impact the overdose crisis.

Dr. Nab Dasgupta, UNC Injury Prevention Research Center

April Bragg, Dogwood Health Trust

4:00 - 5:00 p.m.

Post-Overdose Response Teams and Innovative EMS Partnerships

This session will explore the mechanics of Post-Overdose Response Teams (PORTs), the role of Emergency Medical Services, and how PORTs connect participants to programs and services like community paramedicine, Hepatitis C testing and treatment, and Medication-Assisted Treatment. Speakers will also discuss opportunities for engaging peer support and community health workers, as well as naloxone leave-behind practices.

Mike Thull, UNC-Greensboro/Guilford County Stopping the Overdose Problem (GCSTOP)

Jim Albright, Guilford County Emergency Medical Services (EMS)

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4:00 - 5:00 p.m.

Gold Standard of Care: Medication for Opioid Use Disorder in Opioid Treatment Programs

This session will discuss the strongest medical evidenced-based treatments for Opioid Use Disorder – methadone, buprenorphine, and naltrexone – and address high-level questions, including: Comparatively, what are the benefits and risks? How do experts guide patients? What are some of the restrictive regulations? How are they usually funded? Why might they be the best bang for our buck?

Dr. Jana Burson, North Wilksboro Comprehensive Treatment Center

Dr. Eric Morse, Morse Clinic

4:00 - 5:00 p.m.

Reentry: Welcoming our Loved Ones Home

This session will explore ways to support justice-involved people and military veterans re-entering our communities from carceral settings or from substance use treatment.

Tommy Green, FIT Program of Orange County

Lucas Vrbsky, Durham Veterans Affairs

5:00 p.m.

Adjourn

5:00 - 6:00 p.m.

Reception

6:00 - 7:30 p.m.

Storytelling Event: The Monti

Centering lived experience is one of the key themes of this year's NC Summit on Reducing Overdose and is core to the work we do together across our NC counties to respond to the overdose crisis. The NCACC and The Monti, a non-profit dedicated to the power of storytelling, will host a special evening event that builds community through storytelling. All Summit attendees are encouraged to attend this special event after the evening reception on June 7. Please RSVP when you are registering.

Thursday, June 8

8:00 - 9:00 a.m.

Check-In and Registration Opens

Full Breakfast Buffet Included

9:00 - 10:30 a.m.

Welcome

Keynote Address from Dr. Stephen Loyd

Chief Medical Officer for Cedar Recovery (Tennessee), Chair of the Tennessee Opioid Abatement Council, Vice-President of the Tennessee Board of Medical Examiners

Dr. Stephen Loyd is an Internal Medicine/Addiction Medicine physician who graduated medical school and residency from the James H. Quillen College of Medicine at East Tennessee State University. He currently serves as the Vice-President of the Tennessee Board of Medical Examiners. Dr. Loyd was the Assistant Commissioner (Opioid Czar) for Substance Abuse Services in the Tennessee Department of Mental Health and Substance Abuse Services in Governor Bill Haslam's administration. He has served as an expert witness in more than twenty federal and state cases against physicians who were improperly prescribing controlled substances. Dr. Loyd was named an Advocate for Action by the Office of National Drug Control Policy (ONDCP), an office of the President of the United States. He has delivered over five hundred educational lectures on addiction and treatment of opioid use disorder and proper prescribing of controlled substances. Dr. Loyd was an original member (still active) of the Treatment of Chronic Pain

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Guidelines Committee which defined pain treatment for providers in the state of Tennessee. He has worked as an Addiction Medicine Physician in both the inpatient and outpatient settings, specializing in the treatment of opioid dependent pregnant women. Dr. Loyd has served on multiple drug courts in Tennessee and remains an active participant in drug court in the 4th Judicial District under Judge Duane Slone. He has worked with multiple community level anti-drug coalitions from Johnson County to Shelby County and has worked with all levels of state law enforcement, mainly the Tennessee Bureau of Investigation. He currently serves as Chief Medical Officer for Cedar Recovery in Tennessee and is the current Chair of the Tennessee Opioid Abatement Council appointed by current Tennessee Governor Bill Lee. Dr. Loyd has been in recovery from opioid and benzodiazepine addiction since July 8, 2004.

10:30 - 10:45 a.m.

Transition/Networking/Break

At 10:45 a.m.: Block 4 Breakout Sessions Begin

10:45 - 11:45 a.m.

Collaborative Strategic Planning: Critical Conversations and Community Engagement

This practical session will review community engagement activities that support Collaborative Strategic Planning as outlined in the NC MOA; and will feature real-life strategies for confronting and working through, rather than avoiding, some of the tough challenges that program teams face.

Elizabeth Brewington, North Carolina Association of County Commissioners • Dr. Kathy Coville, NC Institute of Medicine • Dr. Jennifer Greene, Cumberland County Public Health • Jennifer Layton, Randolph County Public Health

10:45 - 11:45 a.m.

Barbecue and Sweet Tea: Engaging Law Enforcement to Promote Successful Harm Reduction Programs, and Utilizing Sequential Intercept Modeling

This session will highlight the changing roles of law enforcement within the opioid crisis and how harm reduction-based organizations can engage with first responders to create successful programs. Participants will also learn how data from the Sequential Intercept Model can help improve outcomes for people with substance use disorders who encounter the criminal legal system.

*Dr. Marisa Cornell, Mediation and Restorative Justice Center
Mollie Bolick, Homestead Recovery Center
Donnie Varnell, Dare County Sheriff's Office*

10:45 - 11:45 a.m.

Monitoring the Drug Supply to Help Reduce Harms

This session will look at the drug-checking service that monitors the drug supply in North Carolina and provides information back to people so they can make better decisions about their health. Speakers will describe emerging trends in drug markets, and will differentiate between trends of concern and simple hype. Topics will include fentanyl in methamphetamine and cocaine, xylazine, psychedelics, fake pills, and more.

*Dr. Nab Dasgupta, UNC Injury Prevention Center
Colin Miller, UNC Injury Prevention Center*

10:45 - 11:45 a.m.

EMS Boots on the Ground: Meeting People Where They Are to Deliver Low-Barrier Care

By providing medications to treat opioid use disorder in an outreach setting so that individuals may receive care where they are – medically, emotionally and geographically – EMS agencies in rural North Carolina are both reducing overdoses and increasing access to care and recovery. These innovative efforts not only improve patient outcomes and increase community morale, but also reduce EMS call

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volume and emergency department overcrowding. This session will also include a brief discussion about providing Hepatitis C treatment and cure through similar outreach initiatives.

Mike Campbell, Stanly County EMS

Jason Powell, Caldwell County EMS

Tim Nolan, High Country Community Health

10:45 - 11:45 a.m.

Addressing Our Collective Grief and Helping the Healers

This session will focus on supporting those who are doing the work of preventing and treating overdose and opioid use. Speakers will discuss burnout, and ways to address collective grief and inspire healing.

Torri Carrice

Rev. Sarah Howell Miller

11:45 a.m. - 1:00 p.m.

Lunch

At 1:00 p.m.: Block 5 Breakout Sessions Begin

1:00 - 2:00 p.m.

Allocating NC Opioid Settlement Funds through RFAs/RFPs and Contracts

This session will highlight how local governments may use Requests for Applications/Requests for Proposals (RFAs/RFPs) to select entities to receive settlement funds that support eligible opioid abatement strategies. This session will also detail key considerations for developing the RFA/RFP process. Participants will gain an understanding of the tools that NC Association of County Commissioners has developed to assist local governments with allocation of Opioid Settlement funds, including an RFA Guide and sample contracts.

Leia Gearhart, North Carolina Association of County Commissioners • *Samantha Jamison, North Carolina Association of County Commissioners* • *Erick Mendez, North Carolina Association of County Commissioners* • *Alex Norwood, North Carolina Association of County Commissioner*

1:00 - 2:00 p.m.

Law Enforcement Assisted Diversion (LEAD): A Multi-Site Evaluation of North Carolina LEAD Programs

LEAD programs aim to connect community members who use drugs with supports and services in lieu of arrest for low-level unlawful conduct. This session will showcase a three-year, multi-site evaluation of Law Enforcement Assisted Diversion (LEAD) programs in North Carolina. Speakers will also present highlights from their outcomes and process evaluations, discuss the role of peer support, and highlight law enforcement leadership in the programs.

Allison Gilbert, Duke University • *Melissia Larson, Research Triangle Institute (RTI)* • *Karen Lowe, Gaston and Iredell LEAD* • *Reah Siegel, Duke University* • *Lt. Shelia Washington, Fayetteville Police Department Lieutenant* • *Angie Weis Gammell, Duke University*

1:00 - 2:00 p.m.

Medications for Opioid Use Disorder in NC Jails

Compared to the general population in North Carolina, people re-entering society are 50 times more likely to die during their first 14 days of being released from incarceration. This session will explore programs in NC county jails that implement medication for opioid use disorder. Participants will gain a greater understanding of substance use disorder services being provided in the Durham County Detention Center, as well as other areas across our state.

Dr. Evan Ashkin, UNC Family Medicine

Major Elijah Bazemore, Retired Durham County Detention Center, Vital Strategies

Tremaine Sawyer, Durham County Detention Center

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1:00 - 2:00 p.m.

Recovery Friendly NC: A Recovery to Work Initiative (Block A)

This session will explore how we can create recovery-friendly work environments and support the workforce.

Devin Lyall, Wilkes Recovery Revolution, Inc.

Jeff Walker, Wilkes Recovery Revolution, Inc.

1:00 - 2:00 p.m.

Collegiate Recovery: A Continuum Connector (Block B)

Collegiate Recovery has been around for about half a century and has seen exponential growth during the past decade. With colleges and universities seeing increased acuity in substance use among student populations, Collegiate Recovery has entered the conversation to provide a unique response to support students already in sustained recovery while facilitating avenues of prevention and early intervention.

Dr. Dominique Clemmons-James, East Carolina University

Jarmichael Harris, Addiction Professionals of NC

2:00 - 2:15 p.m.

Transition/Networking/Break

2:15 - 3:15 p.m.

Closing Remarks

3:15 p.m.

Adjourn

To learn more about the 2023 NC Summit on Reducing Overdose, please visit www.ncacc.org/ncsoro. To register, visit www.ncacc.org/register-ncsoro. Early bird registration ends on May 19.

