Follow-up Report

County and Location of Forum: Edgecombe County; 201 St. Andrew St., Tarboro, NC 27886

Date and Length of Forum (Please attach agenda): Wednesday, August 22nd, 2018 2:00-4:30 PM

Number of Attendees (Please attach list of participants): 25

Name of Person Preparing Follow-up Report: Leigh Saner

Key Ideas and Next Steps:

IDEA #1: Educational Programs
- What specific tool do you want to implement in our county?
  School-aged education programs

- Who are the key partners you need to help champion this idea?
  Law Enforcement, School Administration, Teachers

- What assets do you have that could help you implement this idea?
  Personnel to be trained for instruction
  Area L AHEC—they have funds available to be used for opioid education

- What are the hidden obstacles to implementing this idea?
  The DARE program that was initially being implemented in the schools is outdated and does not mention opiates; it needs to be re-vamped to include other components we are facing in this opioid crisis.

  Name of lead person for idea: Chief Deputy Gene Harrell, Edgecombe County Sheriff’s Office

  Timeline to implement idea: We can begin working on this effort now.

IDEA #2: Mobile Health Clinic
- What specific tool do you want to implement in our county?
  Employ a mobile health clinic in the community that will include basic health prevention and promotion needs as well as substance misuse education and referrals for treatment.

- Who are the key partners you need to help champion this idea?
  Edgecombe County EMS
  Health Department
Law Enforcement Officers

- What assets do you have that could help you implement this idea?
  People in the community who are trained to work the unit

- What are the hidden obstacles to implementing this idea?
  Finding funding for a mobile clinic; stigma associated with seeking care for things like HIV and substance misuse.

Name of lead person for idea: Wilson Muse, Lieutenant at Edgecombe County Sheriff’s Dept.

Timeline to implement idea: The timeline is unclear because we aren’t sure how long it will take to get buy-in as well as funds for the project

**IDEA #3: Treatment Center**

- What specific tool do you want to implement in our county?
  A local treatment center w/ indigent care

- Who are the key partners you need to help champion this idea?
  County manager/commissioners
  Town manager/council
  Mike Cannon (JCANZ)
  Eastpointe

- What assets do you have that could help you implement this idea?
  Mike Cannon as an advocate, an empty building that used to be the health department, and the C.O.R.E. & CARE coalitions with individuals and resources to help gain traction around the project idea.

- What are the hidden obstacles to implementing this idea?
  Payment for services, community/commissioner buy-in

Name of lead person for idea: Wilson Muse, Lieutenant at Edgecombe County Sheriff’s Dept.

**IDEA #4: Continued lock your meds campaign along with early childhood development and engagement as well as grass roots involvement**

- What specific tool do you want to implement in our county?
  Individuals and young families with children should make sure to keep all medication locked up and out of reach of the children. We should also work to build healthy lifestyle practices into early childhood development and engagement.

- Who are the key partners you need to help champion this idea?
IDEA #5: Comprehensive Community Education

• What specific tool do you want to implement in our county?

  Comprehensive community education is a good way to help educate the public on important health issues. We need to educate the public on what opioids are and what we can do. If we educate individuals, we can also hopefully crush the stigma associated with substance misuse and help people get the treatment and support they need.

• Who are the key partners you need to help champion this idea?

  Commissioners, Edgecombe County Health Department, Area L AHEC, Edgecombe EMS, Faith-based leaders

• What assets do you have that could help you implement this idea?

  Data experience, Multi-agency educational support

• What are the hidden obstacles to implementing this idea?

  Families not wanting to talk about it with one another

Name of lead person for idea: Susan Rogerson

IDEA #6: School-Based Education

• What specific tool do you want to implement in our county?

  Opioid education in middle & high schools.

• Who are the key partners you need to help champion this idea?

  School board, school personnel, Area L AHEC, Police & Sheriff’s Department

• What assets do you have that could help you implement this idea?
School resource officers, captive audience

Name of lead person for idea: Ann Edge

IDEA #6: Narcan Availability
● What specific tool do you want to implement in our county?
  Make Narcan available to school resource officers

● Who are the key partners you need to help champion this idea?
  Police Department, Sheriff’s Department, School board

● What assets do you have that could help you implement this idea?
  School resource officers, social workers/counselors, school nurses

Name of lead person for idea: LaShawnda Washington

IDEA #7: Recovery Coaches
● What specific tool do you want to implement in our county?
  Recovery coaches in Edgecombe County. People from across agencies would be able to work with someone to get them the right assets and resources to help the individual receive adequate treatment

● Who are the key partners you need to help champion this idea?
  C.O.R.E., CFHC, Inc., Eastpointe, RCNC/APNC (Donald McDonald)

● What assets do you have that could help you implement this idea?
  Connections to the trainers
  Knowledge of curriculum

● What are the hidden obstacles to implementing this idea?
  Funding, being able to find participants, getting people “to the table”

Name of lead person for idea: Tiffany Purdy

IDEA #8: Middle School prevention/education
● What specific tool do you want to implement in our county?
  Opioid education and prevention efforts at the middle school level

● Who are the key partners you need to help champion this idea?
  Schools, middle school principals, counselors, parents, C.O.R.E, teachers
What assets do you have that could help you implement this idea?
Collaboration partnerships, grant opportunities

What are the hidden obstacles to implementing this idea?
County wide commitment to implement in all schools

Name of lead person for idea: Tiffany Purdy

IDEA #9: Support Groups
- What specific tool do you want to implement in our county?
  Support Groups in the community (All, recovery, grief, NA, RA)

- Who are the key partners you need to help champion this idea?
  C.O.R.E., Recover Community, Faith-based organizations

- What assets do you have that could help you implement this idea?
  CFHC—Freedom Hill, People in Recovery, Partnership, faith-based community

- What are the hidden obstacles to implementing this idea?
  Location to have support group as well as a committed facilitator

Name of lead person for idea: Hope Stephens

IDEA #10: Neonatal Abstinence Support
- What specific tool do you want to implement in our county?
  Neonatal abstinence support, education and awareness within the community

- Who are the key partners you need to help champion this idea?
  Vidant, Health Department

- What assets do you have that could help you implement this idea?
  Easpointe, Local Providers

Name of lead person for idea: Debby Futrell

IDEA #11: Access to Evidence Based Treatment
- What specific tool do you want to implement in our county?
  Increased access to evidence-based treatment in the jail, outpatient/inpatient facilities and recovering/detox center support
Who are the key partners you need to help champion this idea?
Eastpointe, Medical Assisted Treatment (MAT), NC General Assembly, Community-based organizations can be recovery coaches

What assets do you have that could help you implement this idea?
WRAP, Support around this issue, training, C.O.R.E.

What are the hidden obstacles to implementing this idea?
Medicaid Expansion/Medicaid Transformation

Name of lead person for idea: Eric Evans

IDEA #12: Education

What specific tool do you want to implement in our county?
Continue to educate the community and providers about this issue and ways in which we can help, prevent, or seek treatment/support

Who are the key partners you need to help champion this idea?
Area L AHEC, Addiction Professionals of North Carolina, C.O.R.E., Eastpointe, Health Department, Department of Health & Human Services

What assets do you have that could help you implement this idea?
Recovery Coach (health coaches), C.O.R.E., multiple modes of communication

Name of lead person for idea: Eric Evans

Summary/Ideas noted by Karen Lachapelle, Health Director
- Local treatment center (indigent care)
- Syringe exchange
- Mobile health clinic
- Rapid Response
- School aged education programs
- Adult education
- In-custody treatment
- Individuals doing home visits need to carry Narcan with them in case of emergency
- The key is prevention and treatment, not one or the other

Other topics discussed:
- Recovery center/Detox Centers
- Treatment (outpatient, inpatient, in jails)
- Neonatal care
- Needle Exchange
- Key partners
  - Health Department
  - EMS/Law Enforcement
  - Eastpointe
  - Hospital (Vidant Edgecombe)
- Largest barriers:
  - Funding
  - Desire to implement these things in the community
  - Someone to oversee and organize day to day activities in projects addressing the opioid crisis